

# **Sundale Day Camp Guidance**

**August 7, 2020**

# Promote Healthy Hygiene Practices

- Educate staff, campers and their families about when they should stay home and when they can return to camp. Actively encourage staff and campers who are sick or have recently had a close contact with a person with COVID-19 to stay home.
- Ensure adequate supplies to support healthy hygiene behaviors, including soap, tissues, no-touch trashcans and hand sanitizers with at least 60 percent ethyl alcohol for staff and campers who can safely use hand sanitizer. Employers must provide and ensure staff use face coverings and all required protective equipment.
- Teach and reinforce washing hands, avoiding contact with one's eyes, nose, and mouth, and covering coughs and sneezes among campers and staff.
  - Teach campers to use tissue to wipe their noses and to cough/sneeze inside a tissue or their elbows.
  - Campers and staff should wash their hands frequently throughout the day, including before and after eating; after coughing or sneezing; after classes where they handle shared items, such as outside recreation, art, or shop; and before and after using the restroom.
  - Campers and staff should wash their hands for 20 seconds with soap, rubbing thoroughly after application.
  - Campers and staff should use hand sanitizer when handwashing is not practicable. Sanitizer must be rubbed into hands until completely dry. Note: frequent handwashing is more effective than the use of hand sanitizers.
    - Children under age 9 should use hand sanitizer under adult supervision. Call Poison Control if consumed: 1-800-222-1222.
- Teach and reinforce use of face coverings.
- Face coverings must be used in accordance with CDPH guidelines unless a person is exempt as explained in the guidelines. Physical distancing alone is not sufficient to prevent disease transmission.
  - All camp staff must use face coverings unless Cal/OSHA standards require respiratory protection. In limited situations (i.e. communicating or assisting young children or those with special needs) a face shield may be used instead of a face covering as long as the wearer maintains physical distance from others, to the

extent practicable. Staff must return to wearing a face covering when the face shield is not necessary.

- Children in Tk-2<sup>nd</sup> grade should wear a mask, but it is not required. 3<sup>rd</sup> – 8<sup>th</sup> graders are required to wear face coverings in accordance with CDPH guidelines, especially when indoors or outdoors when a six-foot physical distance from others cannot be maintained.
- A face covering should not be used by anyone who has trouble breathing, anyone who is unconscious or incapacitated, or anyone who is otherwise unable to remove the face covering without assistance.
- A face covering should be removed for meals, snacks, naptime, or outdoor recreation, or when it needs to be replaced. When a cloth face covering is temporarily removed, it should be placed in a clean paper bag (marked with the student's name and date) until it needs to be put on again.

## **Cleaning and Disinfection**

- Staff should clean and disinfect frequently touched surfaces at camp which include, but are not limited to:
  - Door handles
  - Light switches
  - Sink handles
  - Bathroom surfaces
  - Tables
- Limit sharing of objects and equipment, such as toys, games and art supplies, to the extent practicable. When sharing is allowed, clean and disinfect between uses.
- Ensure safe and correct application of disinfectant and keep products away from campers.
- Ensure proper ventilation during cleaning and disinfecting. Introduce fresh outdoor air as much as possible.

# Implementing Distancing

- Minimize contact between camp staff, campers and families at the beginning and end of the day.
- Maximize space (minimum 6-foot separation) between seating, desks, and bedding. Consider ways to establish separation of campers through other means, for example, six feet between seats, partitions between seats, markings on floors to promote distancing, arranging seating in a way that minimizes face-to-face contact.
- Consider redesigning activities for smaller groups and rearranging furniture and play spaces to maintain separation.
- Staff should develop instructions for maximizing spacing and ways to minimize movement in both indoor and outdoor spaces that are easy for children to understand and are developmentally appropriate.
- Restrict nonessential visitors, volunteers, and activities involving other groups at the same time.
- Minimize congregate movement as much as practicable.

## MEALS

- Use disposable food service items (e.g., utensils and plates). Individuals should wash their hands after removing their gloves or after directly handling used food service items.
- Avoid sharing of foods and utensils and ensure the safety of children with food allergies.
- Plan for physical distancing during employee lunch and breaks by staggering times, providing additional break space, or other ways for staff to physical distance.

## Limit Sharing

- Keep each camper's belongings separated and in individually labeled storage containers, cubbies or areas. Ensure belongings are taken home each day to be cleaned and disinfected.
- Ensure adequate supplies to minimize sharing of high-touch materials (art supplies, equipment, etc.) to the extent practicable or limit use of supplies and equipment to one group of children at a time and clean and disinfect between uses.
- Avoid sharing electronic devices, clothing, toys, books and other games or learning aids as much as practicable. Where sharing occurs, clean and disinfect between uses.

## Train All Staff and Families

- Train all camp staff and families in the following safety actions:
  - Enhanced sanitation practices
  - Physical distancing guidelines and their importance
  - Proper use, removal and washing of cloth face coverings.
  - Screening practices
  - COVID-19 specific exclusion criteria
- The School Nurse, Sandy Dutch, and Superintendent, Mrs. Rufert, are the designate staff to be responsible for responding to COVID-19 concerns. All camp staff and families should know who these people are and how to contact them.

# Check for Signs and Symptoms

- Conduct visual wellness checks of all campers upon arrival and take campers' temperatures at the beginning of each day with a no-touch thermometer.
  - Report incidents of possible exposure and positive COVID-19 case to the Superintendent, Mrs. Rufert who will document /track and notify local health officials, staff and families while maintaining confidentiality.
  - Exclude any child, parent, caregiver or staff showing symptoms of COVID-19. Staff should discuss with parent/caregiver and refer to the child's health history form and/or emergency card to identify if the child has a history of allergies, which would not be a reason to exclude.
- Monitor staff and campers throughout the day for signs of illness; send home campers and staff with a fever of 100.4 degrees or higher, cough or other COVID-19 symptoms. Send persons to the appropriate medical facility rather than their home when necessary

# Plan for When a Staff Member, Child or Visitor Becomes Sick

- Any campers or staff exhibiting symptoms should immediately be required to wear a face covering and be required to wait in an isolation area until they can be transported home or to a healthcare facility, as soon as practicable.
- For serious injury or illness, call 9-1-1 without delay. Seek medical attention if COVID-19 symptoms become severe, including persistent pain or pressure in the chest, confusion, or bluish lips or face. Updates and further details are available on CDC's webpage.
- Notify local health officials, staff, and all families immediately of any positive case of COVID-19 while maintaining confidentiality as required by state and federal laws.
- Close off areas used by any sick person and do not use before cleaning and disinfection. To reduce risk of exposure, wait 24 hours before you clean and disinfect. If it is not possible to wait 24 hours, wait as long as practicable. Ensure a safe and correct application of disinfectants using personal protective equipment and ventilation recommended for cleaning. Keep cleaning and disinfectant products away from children.
- Advise sick staff members and campers not to return until they have met CDC criteria to discontinue home isolation, including 3 days with no fever, symptoms have improved and 10 days since symptoms first appeared.